



2020-21

Dear Parent/Guardian,

Welcome! It is our pleasure to welcome your child(ren) to their afterschool program for academic year 2020-2021. There are many opportunities awaiting for your child(ren) to experience while attending the program. Children's Hunger Alliance plays a small role in the daily agenda planned for your child(ren). While your child(ren) attend this afterschool program they will also be provided with a hot meal and/or snack daily at no cost to you. Below is an explanation on how the food program is funded and the benefits your child will be offered.

The Center-Based Nutrition Program provides nutritious food to school age children 5-18 years old at approved Children's Hunger Alliance afterschool centers. The Children's Hunger Alliance Afterschool Nutrition Program is part of the United States Department of Agriculture's (USDA) Child and Adult Care Food Program (CACFP). In Ohio, the Ohio Department of Education (ODE) is the state agency responsible for overseeing the food program and partners with non-profit organizations such as the Children's Hunger Alliance as a sponsoring agency.

Students with physical or mental disabilities are eligible for the meal program up to 21 years of age. Documentation of their disability is required in the form of an Individual Educational Plan (IEP) from the student's school. Children's Hunger Alliance does not discriminate against any child regardless of income, nationality, race, color, age, handicap, or sex.

Meals are prepared and delivered by a food service management company and meet the USDA meal pattern requirements of:

- 2 oz. meat/poultry/fish/meat alternate
- ¼ cup fruit
- ½ cup vegetable
- 1 slice bread or bread alternate
- 1 cup milk

The meal is unitized for easy distribution and disposal. Also included with the meal are condiments, straws, napkins, and single service ware. Food must be served and consumed on the premises of the approved center. Food may not be removed from center and taken home with child.

Snacks are also prepared and delivered by a food service company and meet the USDA snack pattern requirements of two or more components of the USDA meal pattern requirements.

Each household who chooses to participate in the food program (children ages 5-18) must be provided a household packet which may include an income eligibility application (when applicable), food allergy form and Civil Rights documentation. It is the responsibility of the center to provide each parent/guardian of each child at their center the above listed items. Feel free to call Children's Hunger Alliance in your region with any questions at 1-800-227-6446 (option #4).

FY21

*This institution is an equal opportunity provider.*

# SPECIAL DIET FORM

This center/facility participates in the Child and Adult Care Food Program and any meals, snacks, or milk claimed for reimbursement must meet program requirements. Food accommodations must be made when the food accommodation is due to a disability (a physical or mental impairment which substantially limits one or more major life activities, has a record of such impairment, or is regarded as having such impairment). Reasonable food accommodations may be made for children/participants without disabilities who may have special medical or dietary needs. Food accommodations are to be supported by a statement signed by a recognized State medical authority which is defined as a State licensed health care professional who is authorized to write medical prescriptions under State law.

To be completed by parent, guardian or authorized representative		
Child's/Participant's Name:	Birth Date:	
Parent/Guardian/Authorized Representative Name:		
Email Address:		
Home Phone:	Work Phone:	Cell Phone:
Address:		
City:	State:	Zip:

To be completed by recognized State medical authority
<i>Check and complete appropriate information. For the safety of the child, please be as specific as possible.</i>
<input style="width: 50px; height: 20px;" type="checkbox"/> <b>Yes, this child/participant has a disability that requires food accommodation?</b>
Describe disability:
What major life activity is affected?
How does the disability restrict the diet?

<input style="width: 50px; height: 20px;" type="checkbox"/> <b>Child/Participant has no disability but requires a special diet</b>
Describe the medical or other special dietary need that restricts diet:

List food/type of food to be omitted.
List food/type of food to be substituted for omitted food(s). Please be specific regarding any needed food texture changes or detailed menu to be followed.

Signature of Recognized State Medical Authority:	Date:
Printed Name:	Phone:

# ***Building For the Future***

This day care facility participates in the Child and Adult Care Food Program (CACFP), a Federal program that provides healthy meals and snacks to children receiving day care.

Each day more than 2.6 million children participate in CACFP at child care homes and centers across the country. Providers are reimbursed for serving nutritious meals which meet USDA requirements. The program plays a vital role in improving the quality of day care and making it more affordable for low-income families.

**Meals** CACFP homes and centers follow meal requirements established by USDA.

Breakfast	Lunch or Supper	Snacks (Two of the four groups:)
Milk Fruit or Vegetable Grains or Bread	Milk Meat or meat alternate Grains or bread Two different servings of fruits or vegetables	Milk Meat or meat alternate Grains or bread Fruit or vegetable

## **Participating**

**Facilities** Many different homes and centers operate CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:

- **Child Care Centers:** Licensed or approved public or private nonprofit child care centers, Head Start programs, and some for-profit centers.
- **Family Child Care Homes:** Licensed or approved private homes.
- **After School Care Programs:** Centers in low-income areas provide free snacks to School-age children and youth.
- **Emergency Shelters:** Programs providing meals to homeless children.

**Eligibility** State agencies reimburse facilities that offer non-residential day care to the following children:

- Children age 12 and under,
- Migrant children age 15 and younger, and
- Youths through 18 in emergency shelters and after school care programs in needy areas.

## **Contact**

**Information** If you have questions about CACFP, please contact one of the following:

Sponsoring Organization/Center

Ohio Department of Education

CENTRAL OFFICE:  
Children's Hunger Alliance  
800-227-6446

CACFP Consultant  
25 S. Front Street, MS 303  
Columbus, OH 43215-4183  
614-466-2945  
Toll Free: 1-800-808-6235

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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity provider and employer.



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